

# **JULY YOGA SCHEDULE**

## **NEW SATURDAY CLASS**

**Starting July 1**

**8 a.m. - 8:50 a.m. join**

**Monica for yoga**

## **NO YOGA ON THESE DAYS**

**Yoga classes are cancelled  
on these days:**

**July 2, 4, and 9.**

## **YOGA DAYS & TIMES**

**SUNDAYS @ 5:30 p.m.**

**TUESDAYS @ 2 p.m.**

**THURSDAYS @ 2 p.m.**

**SATURDAYS @ 8 a.m.**

